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YOU CAN.



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GREEN ESSENCE
TRAINING & MANAGEMENT



Grow the way, it meant to be.

Green Essence challenges the status quo to enhance the confidence and value creation of individuals and organizations. They provide solutions to those who want to improve their professional skills, start a business, or take their existing business to the next level. The company offers coaching, training, and leadership programs that inspire action, success, and a fulfilling life. Founded by Harshita Shukla, a young, dynamic, and passionate mentor, speaker, and entrepreneur.

Green Essence emphasizes rising above the ordinary through training and coaching. The company's programs have touched millions of lives and made a positive impact by helping people continually improve, innovate, grow, and succeed, no matter their condition. Green Essence is ready to support and handhold anyone who wants to challenge the challenges and make a difference.

ACCELERATING TRANSFORMATIVE CHANGE

Harshita Shukla is a renowned corporate trainer, speaker, author, and leadership coach who inspires individuals to perform at their best. Her teachings on personal mastery and leadership help people achieve their full potential, with proven success at the highest levels.

As a dynamic mentor, she speaks on topics such as professional and personal development, emphasizing the importance of continuous learning and exploring new things. Harshita has a rare ability to captivate and energize her audiences, making her talks particularly effective.

Having coached thousands of individuals and organizations to achieve their goals, Harshita has extensive experience in the real estate, wellness, and cosmetics industries. She is the author of five best-selling books, including "Good To Great" and "Success Formula For Government Employees". Harshita's books, audio, video, seminars, and trainings equip individuals with the skills they need to create a fulfilling life and business.



HARSHITA SHUKLA

Corporate Trainer - Author

TRANSFORMATION



Green Essence's Transformation Model consists of four components - Need, Motivation, Ability, and Prompt - which when applied can nudge people towards positive behavior change. Coaching can utilize these principles to help individuals or organizations understand the need for change and take the necessary steps to achieve their goals.





FINDING NEED PREPARATION

Our consultations help persons and organizations to identify need the required change, make a commitment to change and motivate to initiate this changes and prepare for it.



MOTIVATION AND METHOD

When motivation is combined with a goal or intention, results can be amazing. These methods are customized in synergy with their goals. Both motivation and method keeps the consistency alive.



ABILITY AND ACTION

When people are motivated to change, but lack the ability to implement changes on their own, coaching can help them reach their goals while learning new behaviours.



PROMPTS FOR CONSISTENCY

Our programs prompts the learners to implement the desired behaviour. These triggers help to activate the new behaviour in learner's daily life. It is important to provide prompts for consistency and bring desired change.

OUR SERVICES

Our services include a wide range of offerings, such as coaching, consulting, training and workshops to support individuals and organizations in achieving their goals and improving their performance.



BUSINESS TRANSFORMATION

We help you to create a superior experience by reimagining your workflow for effortless optimization of results. We have the creativity to generate fresh and innovative ideas that enhance your current business practices during a period of transition and beyond.



CONSULTING

Consulting services are provided to individuals and organizations by experts who bring specialized knowledge and experience to help them make informed decisions and implement effective solutions. Consulting services can be tailored to a wide range of industries and business needs.



TRAINING

Training services help individuals and organizations improve their skills, ability and knowledge. It is delivered effectively in formats like in-person or online, using blended delivery methods and customized to meet specific needs. Training can support productivity and professional development.



WORKSHOPS

Coaching and training workshops enable participants to develop their skills and achieve their goals by providing personalized support in both the classroom and at work. These workshops can be customized to meet specific needs, delivered in-person or online, and are available across a variety of topics.

SECTORS WE COVER

We serve to a wide range of industries including Real Estate, Direct Selling, FMCG, Agriculture, Banking, Government Etc. Our programs, seminars and workshops are designed keeping industry-specific needs and requirements for driving personal, business and collective excellence.



FMCG



REAL ESTATE



DIRECT SELLING



SERVICE IND.



EDUCATION



BANKING



AGRICULTURE



GOVERNMENT



*Everything is possible,
if you don't do it, somebody else will.*

Harshita Shukla

PROGRAMS

We offer a wide range of programs for individuals, executives, leaders and organizations to suit their needs and requirements for driving personal and business success.



We offer a wide range of personal development programs to help employees develop their skills, knowledge, and potential. These programs can include coaching, training, and other learning opportunities to achieve the peak of their performance capabilities.



Our sales training programs are focused on

- Interpersonal Communication & Prospecting
- Developing long-term client rapport & relationships.
- Developing a strong mindset and overcoming rejection
- Building Trust & Closing deals



Our business training programs are designed for business leaders (executives and professionals) and emphasize on strategy, leadership, innovation, finance, marketing and entrepreneurship.



Learn the skills to manage your money, live within your means, and plan for your financial future. This program will provide practical tips and strategies to help you achieve your financial goals.



It provides time management training that focuses on setting priorities, managing goals, and increasing productivity. It teaches productivity methodology for managing tasks and projects effectively to reduce stress and increase focus and strategies to increase productivity and improve team performance.



It provides leadership development programs for executives, professionals, and teams with a focus on

- Self-awareness, strategy, and innovation.
- Developing effective leadership skills, strategies, behaviours and managing team-keep them motivated.
- Best leadership practices and behaviours needed to drive business success and create positive change.
- Building confidence and impact in the workplace.



We offer a structured public speaking program for individuals to improve their communication and leadership skills. It will help them to improve their public speaking skills and deliver effective presentations, increasing confidence, reducing anxiety and increase your impact.



We can develop customized programs to help you achieve your goals and overcome any obstacles. Together, we'll identify your strengths, clarify your objectives, and create a personalized plan that inspires and energizes you to take action and reach your full potential.



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CHALLENGE THE CHALLENGES

**Make the desired difference.
We can handhold and
together we can do this.**



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